

## Bio-Data

Name : Mr. Lhakpa Tamang  
Date of Birth : 1976-04-13  
Permanent Address : Salleri-09, Solukhumbu, Nepal  
Profession : Trekking & Mountaineering Guide  
Working at : 8K Expeditions Pvt. Ltd.  
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### Training:

- ✓ Trekking Guide Training
- ✓ Basic Mountaineering Course

### Summited Mountains:

- ✓ Mera Peak 10 Times
- ✓ Lobuche East Peak 7 Times
- ✓ Island Peak 14 Times
- ✓ Amadablam 6 Times
- ✓ Baruntse 5 Times
- ✓ Cho-Oyu 1 Time
- ✓ Mount Everest 2 Times

### Great Achievement:

- He have completed “The Great Himalayan Trail” for 4 times i.e. on 2012, 2013, 2014 and 2015.